Amy Jacobson

High Performing Leaders and Teams - with Emotional Intelligence

A high energy and magnetic mindset experience, delivered with a bit of tough love.

Session Overview

Being a leader takes leadership skills that are adaptive for every situation and every person's needs. There is no 'blueprint', it is the balance between Strategic Leadership, Operational Leadership and People Leadership.

This balance creates a connection between every level of the organisation ensuring that the direction is clear, leader expectations are aligned and people are 'managing up' as well as 'managing down'.

Underlying this is the fundamental core of high performing teams; trust, communication and alignment. The level of trust within individuals and the environment will be the ultimate decider for success. Together we will take our leaders to the next level.

Learning Outcomes

This highly interactive 1-day program will have people leaving with the ability to:

- Differentiate and build all areas of leadership to become an adaptable and balanced leader.
- Obtain tools and skills for the fundamentals of strategic, operational and people leadership.
- Build the competencies for 'manage up'.
- Understand the importance of trust within individuals and the environment, how it's lost and how it is rebuilt.

Amy is an Emotional Intelligence Speaker travelling from Perth, Australia, delivering keynotes and programs internationally.

Amy's 5 part methodology

Session Outline:

Session 1: The Leadership Journey

- Reflection on how our leadership values and beliefs have been formed.
- Understanding the different hats and core competencies leaders require when 'managing up' and 'managing down'.

Session 2: The Makings of a High Performing Leader

- Identifying the fundamentals of leadership through Strategic Leadership, Operational Leadership and People Leadership.
- Building the skills and tools that will turn high performance into action to succeed in all leadership areas.

Session 3: The Makings of a High Performing Team

- High performance through alignment, trust and communication.
- Understanding the role that trust plays at an individual and environmental level including psychological safety.
- Learning how trust is lacking or lost, and how it can be rebuilt.

Amy is an Emotional Intelligence Speaker travelling from Perth, Australia, delivering keynotes and programs internationally.